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Esther's Maple Buttercream - S

I love maple, probably due to my father's Canadian impact, and I love buttercream. So, what's better than combining them? This buttercream pairs beautifully with the Spice Cake in Trim Healthy Indulgence.

Multiple Servings

INGREDIENTS:

- 1 1/2 cups softened butter
- 1 1/2 cups powdered Xylitol or Erythritol
- 1 1/2 tsp THM maple extract
- 1/2 tsp THM vanilla extract
- 1/4 tsp Mineral salt
- 1/2 tsp blackstrap molasses

INSTRUCTIONS:

1. Beat the softened butter until creamy.
2. Add the powdered Xylitol or Erythritol, extracts, salt, and molasses and mix until fully combined
3. Use immediately.

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A TRIM HEALTHY EXPERIENCE

This and other delicious THM recipes can be found at www.TrimHealthyMembership.com