



Notes ~ Topics & Time Stamps

Come Walk with Me and I'll Show You My House

~ August 29, 2023

<https://www.facebook.com/groups/trimhealthymamas/permalink/10041079522631775/>

:47- Say Hi to Solly!

1:08- Walk with Serene up her driveway.

2:14- View of Serene's House

2:36- View the Chalice Palace

3:11- Serene's Milk Goats Gypsy & Annie

3:37- Serene's Vineyard

3:44- Serene's Fig Trees

3:55- Serene's Gym

4:23- Serene's Home

5:15- Serene's Family Room & Kitchen

5:31- Serene sits and chats for a few with us!

[Click here to watch more videos!](#)